



Happy Valentine's Month!

We are now in full swing to make 2018 the best year ever! Let's spread awareness, sell out our events and recruit new folks to join us in our fight! Sign up for TRIVIA, Team Run for Roses and Team Ride for Roses! This should be a banner year for research which will hopefully move closer to putting a new medication on the market for more individuals having a particular CF gene.

Love these words of John O'Leary's: "We typically can't make and sustain change by ourselves...So don't attempt to go it alone. Ask for help. Meet with a friend. Join a small group. Get an accountability partner. Not only will it keep you on track, the simple act of partnering with someone will inspire them to advance toward their goals, too."

I AM ASKING YOU TO PLEASE BE OUR PARTNERS!

Run for Roses Trivia / Silent Auction

Saturday, April 28, 2018

Get your family and friends together for your table of 8 today! Let's have a great night and raise lots for those living with CF!

Send check made payable to:

The Rose Foundation

2702 Bloomfield Dr.

St. Louis, MO 63129

Prepaid reservations by April 10 = \$25 per person / \$200 table of 8

[Click here to download a copy of the flyer.](#)

BE A SPONSOR

for our Trivia Night

Please contact Linda at caullinda@hotmail.com or 314-952-7944 if you would like to become a **Run for Roses** round sponsor or table sponsor! Or, click [here](#) to download form below & mail. You will receive fun perks and advertising!

A huge THANK YOU to our sponsors thus far:



EMPOWERED THERAPY, LLC
Specialized Therapy for Teens, Women, & Parents



Team Run for Roses

Let's get runners and walkers in as many states as we can! Sign up for ANY RACE / ANY CITY! Katie, Varsha and Marie started us off this year with the Disney Marathon in January. Those near St. Louis, sign up for GO! St. Louis Weekend, April 7 & 8 or any race any weekend...Or, walk with us at our **St. Louis Great Strides Walk & BBQ - Saturday, May 19 (Carondelet Park)**...Join Team *Run for Roses* by clicking on our Great Strides Page [here](#) and making a \$30 donation to receive your team shirt to wear in your race or walk! For a \$65 donation you will receive a 1/4 zip team jersey!



Every dollar helps get us closer to a CURE! Please remember to check if your company makes **Matching Donations** - double your gift!

News about Cystic Fibrosis

Click on this link for information regarding next Stage of Triple Combination CFTR Modulator Development: <https://www.cff.org/News/News-Archive/2018/Next-Stage-of-Triple-Combination-CFTR-Modulator-Development-Announced/?linkId=47615311>

8th Annual Cystic Fibrosis Foundation Family Education Day

Saturday, February 24

9:00 a.m. - 1:00 p.m.

The focus will be on bringing together people with CF, their families, care teams and researchers in the community through story-telling that explores the challenges of everyday life and discovering effective tools and interventions supporting successful self-care management led by members of CFF's Partnership for Sustaining Daily Care team. The program will be lead by **Katie Caul** who is pursuing her Master's in Social Work at the Brown School at Washington University.



Team Ride for Roses

Click [here](#) and then click on JOIN OUR TEAM.

Join Team ***Ride for Roses*** today!

GET INVOLVED

***Nominate The Rose Foundation** for a giving back charity program, matching funds program or jean's day, etc. at your business!!!

* Attend or Volunteer at our events!

* Share our posts and newsletters with friends and family. And invite friends to like us on our facebook page: **[Run for Roses!](#)**

*** *CONSIDER a donation to **The Rose Foundation**: please **CLICK [here](#)** for the donate button on our website: **www.runforroses.com**!*

Each one of you are so important in our fight for a cure. We hope to see you at our trivia night and running or walking, wearing our team shirt to spread awareness!

We can do this together.

Cheers!

The Caul Family

Always Running 'til CF stands for Cure Found!

Upcoming Events:

Family Education Day- Saturday, February 24th (Eric P. Newman Education Center, 320 S. Euclid Ave. 63110)

FestivAle- Friday, March 23 (Union Station)

Spring Xtreme Hike- Saturday, April 7 (Hawn State Park)

Run for Roses Trivia Night / Silent Auction - Saturday, April 28 -TASK facility 980 Horan Dr., Fenton St. Louis Great Strides- Saturday, May 19 (Carondelet Park)

Jack Buck Golf Classic- Thursday, August 16 & Monday, August 20 (Whitmoor Country Club)

Fall Xtreme Hike- Saturday, September 8 (Lesterville, MO)

Wine Opener- Saturday, September 22 (CBC High School)

Cycle for Life- Saturday, October 6 (Smartt Field Airport)
