

## Happy New Year!

2018 began with the excitement of Katie running the Disney Marathon with two friends, Varsha and Marie! We are so proud of Katie's strength and determination to FIGHT CF and never stop following her dreams.

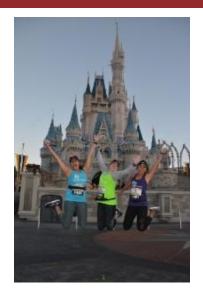


Katie says: "2nd marathon, 52.4 miles proving cystic fibrosis will never hold me back. This marathon was hard. I hit the wall early on and was not adequately prepared. My training was lacking due to a busy fall starting grad school and dealing with some curve balls CF threw at me in the last few months. Just two months ago, my lung function dropped to the lowest it has ever been due to trying a new medication. But I fought back up to my baseline and collected my second marathon medal. I did this for myself and for everyone else fighting CF on a daily basis..."

### Run for Roses

Let's get runners and walkers in as many states as we can! Sign up for ANY RACE / ANY CITY! Those near St. Louis, sign up for GO! St. Louis Weekend, April 7 & 8 or any other...Or, walk with us at our St. Louis Great Strides Walk & BBQ - Saturday, May 19 (Carondelet Park)...Join Team Run for Roses by clicking on our Great Strides Page <a href="here">here</a> and making a \$30 donation to receive your team shirt to wear in your race or walk! For a \$65 donation you will receive a 1/4 zip team jersey!

Every dollar helps get us closer to a CURE! Please remember to check if your company makes Matching Donations - double your gift!



# Run for Roses Trivia / Silent Auction Saturday, April 28, 2018

Time to reserve your table of 8 today!

Send check made payable to:

The Rose Foundation

2702 Bloomfield Dr.

St. Louis, MO 63129

Prepaid reservations by April 10 = \$25 per

person / \$200 table of 8

Click here to download a copy of the flyer

## Be a sponsor for our Trivia Night

Please contact Linda at caullinda@hotmail.com or 314-952-7944 if you would like to become a Run for Roses round sponsor or table sponsor! You will receive fun perks and advertising!

# Run for Roses

TRIVIA NIGHT SATURDAY, APRIL 28th, 2018

Sponsored by THE ROSE FOUNDATION whose mission is to spread awareness and raise funds for continued research towards a CURE for CYSTIC FIBROSIS

We've sold out the past 6 years! So...We've moved to an even BIGGER SPACE...

**TASK** (Team Activities for Special Kids) 980 Horan Drive, Fenton, MO 63026

Join us in our NEW HUGE SPACE for a GREAT BIG NIGHT of Trivia Fun to benefit CF!

Doors open at 6:00pm and Trivia begins at 7pm

Beer, soda, chips and salsa will be provided. DEWEY'S PIZZA available to purchase PREORDER

There will also be a Silent Auction and 50/50 raffle!

Sponsorships available for tables and rounds

- contact Linda at caullinda@hotmail.com or 314-894-3836

For Reservations Please Call Linda Caul at 314-894-3836

Or send check payable to THE ROSE FOUNDATION 2702 Bloomfield Dr. St. Louis, MO 63129 \$30 per person / \$240 table of 8

**Prepaid reservations by April 10th** 

\$25 per person / \$200 table of 8

Trivia presented by www.triviafunhouse.co

All proceeds benefit the Cystic Fibrosis Foundation

Visit us at our website: www.runforroses.com

## Advocate for Cystic Fibrosis

Be an active voice in our CF community! Sign up with our national CFF and advocate for better programs that are essential for those with CF, such as healthcare reforms, Medicaid and Medicare, high-quality specialized care for everyone with CF, adequate and affordable health insurance for those with preexisting conditions and much m ore...

### **GET INVOLVED**

\*Nominate The Rose Foundation for a giving back charity program, matching funds program or jean's day, etc. a your business!!!

\* Attend or Volunteer at our events!

\* Share our posts and newsletters with friends and family. And invite friends to like us on our facebook page: Run for Roses!

\*\*\* CONSIDER a donation to The Rose Foundation: please CLICK <u>here</u> for the donate button on our website: www.runforroses.com!

Each one of you are so important in our fight for a cure. We hope to see you at our trivia night and running or walking, wearing our team shirt to spread awareness!

We can do this together.

Cheers!

The Caul Family

### Always Running 'til CF stands for Cure Found!

### Upcoming Events:

Family Education Day-Saturday, February 24th (Masonry Center

Richmond Heights)

FestivAle-Friday, March 23 (Union Station)

Spring Xtreme Hike-Saturday, April 7 (Hawn State Park)

Run for Roses Trivia Night / Silent Auction - Saturday, April 28 - TASK

facility 980 Horan Dr., Fenton

St. Louis Great Strides - Saturday, May 19 (Carondelet Park)

Jack Buck Golf Classic-Thursday, August 16 & Monday, August 20

(Whitmoor Country Club)

Fall Xtreme Hike-Saturday, September 8 (Lesterville, MO)

Wine Opener-Saturday, September 22 (CBC High School)

Cycle for Life-Saturday, October 6 (Smartt Field Airport)