

**SPRING AND SUNSHINE!
6 FEET APART!**

Stay safe, stay healthy, stay connected and stay positive!

What we can all learn from those living with cystic fibrosis!

Michael Boyle, MD, President and CEO-Cystic Fibrosis Foundation states: "As public health officials and local authorities put increasingly strict measures in place to help slow the spread of the pandemic, many people are experiencing fear, uncertainty, and unprecedented disruption to their day-to-day lives. Now three weeks into social distancing, some are growing weary as they consider another month or more of restrictions on their daily lives. Many are still wrestling with whether making a trip to the grocery store or having dinner with friends is worth the risk to our health.

While millions of Americans make sense of this new reality, there are thousands who live this way every day.

For nearly 25 years, I have had the privilege of caring for people with cystic fibrosis ...

In 2013, based on sobering evidence that people with CF are at much greater risk for getting and spreading dangerous germs to one another, experts published Infection Prevention & Control guidelines that drastically altered life for people with CF, their families, and the clinicians who care for them. *Those guidelines bear a striking similarity to what the CDC is asking of us now: Wash your hands frequently. Cover your cough. Wear a mask if you're sick. And — here's the big one — stay 6 feet apart from other people with CF.*

As reporting continues it seems clear that we are still falling short of what is needed to contain and mitigate the spread of this potentially devastating infection. "Social distancing" is challenging, but critical. The CF community has already navigated this path and displayed its trademark resilience in the face of such guidelines.

Here's what people who are struggling with current distancing recommendations can learn from the CF community's experience:

These infection control measures work. "

YOU ARE STRONG and WE ARE STRONGER TOGETHER!

FYI: Take a tour of the facility where researchers are developing new drugs and a cure for CF: [Vertex Pharmaceuticals Virtual Lab Tour](#)

NEW DATE
RUN FOR ROSES TRIVIA NIGHT / SILENT AUCTION
SATURDAY, JULY 11

First and most importantly, we wish you well!

We find ourselves navigating the newness of 'shelter in home' and are adapting to a new way of daily living. All of us at The Rose Foundation understand we are all experiencing difficult financial situations, safely shopping for food and the loss of family and friend gatherings.

Every family, church and business is feeling the pain of lost income. Our first and foremost concern is for the health and safety of everyone, especially our CFers. We realize fundraisers and donations may not be a possibility right now but we humbly ask from the bottom of our hearts that if you are able and can manage a few dollars to donate for cystic fibrosis research, buy a raffle chance or bid on an auction item, you will be adding more tomorrows for so many. And please consider supporting our amazing sponsors and donors during this time by ordering 'take out' from the restaurants or ordering online from stores and businesses! All of our sponsors and donors are listed below! We could not do this without them and all of you!

'It is in giving that we receive'

We want to celebrate the over 90% of those with CF who are now on Trikafta, the new drug which became available in October, 2019. This ground-breaking medication is making many of those with CF healthier. We will not stop until there are medications for all and a Cure Found.

We are brainstorming and making plans to stay as connected as we can during this time period and working harder than ever to make this world a healthier place for all of those in it.

JULY 11 may not be the typical trivia / silent auction night, but it will be an EVENT and a CELEBRATION!

We are exploring an online auction for mid May, so watch for our next newsletter and [Run for Roses](#) Facebook page. In the meantime, please **SPREAD AWARENESS** for CF! Share our newsletter, like our Facebook page: [Run for Roses](#), and ask your friends to like our page, share our posts and join us at our events!

TOGETHER we will forge the PATH to a CURE!

Stay tuned for details of an AMAZINGLY DIFFERENT EVENT!

Congrats to Rosann Doherty, winner of 'Charlie and the Chocolate Factory' Fox tickets! Thank you to all who purchased chances and raised funds for a Cure!

Drawing Delayed HAMILTON TICKETS DECK of CARDS Raffle

We have 29 chances left! The Fox is making a decision by the end of April regarding the run of Hamilton. If they decide to cancel Hamilton, I will refund the money for tickets purchased already. If they are going to postpone it, we will have the raffle and set a new DATE for the DRAWING.

Thank you for your patience and understanding! If you are thinking of purchasing one of the last 29 chances, please call Linda at 314-952-7944 to reserve your lucky card and hold off with payment. Once we learn that Hamilton is a 'GO' you can send in your payment. THANK YOU!



Available numbers:

Clubs: 3, 4, 5, 6, 8, 10, J, K Ace

Hearts: 8, 9, J, K

Spades: 2, 3, 4, 5, 6, 8, 9, 10, K

Diamonds: 3, 5, 6, 8, 10, J, Ace

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WE NEED YOU!

- *'LIKE' us on facebook: [Run for Roses](#)
- *Join our board - call Linda 314-952-7944
- *Volunteer at our events
- *[Become a sponsor for Trivia](#)
- *Check your business for matching dollars - Here is a link that you can search by company: <http://www.matchinggifts.com/cff>.
- *Nominate The Rose Foundation for your business' charitable giving program
- *Secure auction and raffle items for events

Contact Linda at 314-952-7944 or caullinda@hotmail.com

REMEMBER: BE POSITIVE!
We are stronger TOGETHER!
THANK YOU for supporting The Rose Foundation and spreading awareness for cystic fibrosis!

Let's connect! We are creative human beings and we are exploring and finding new and exciting avenues, be it technologically challenging at times:), to connect with each other. Anything is possible when we all try together.

We WILL stay on our Path to a CURE.

Please continue to spread awareness and recruit others to FIGHT with us for a CURE!

As always, donations can be made online at [The Rose Foundation](#).

Sláinte,

The Caul Family

Always Running 'til CF stands for Cure Found!

Upcoming Events:

*Run for Roses Trivia Night / Silent Auction-Sat July 11, 2020

*Great Strides - a National Event details to come - June 5, 2020

*Cycle for Life - CarShield Field - October 3, 2020



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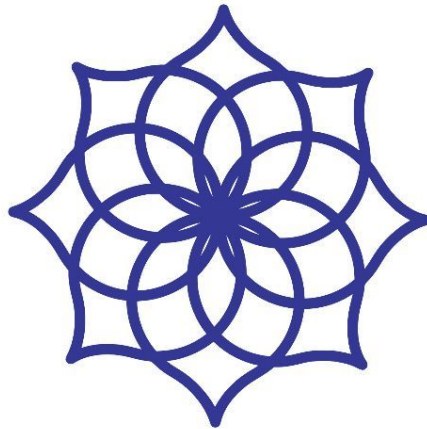
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Important Note on Attendance at Events

To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs

can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.



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