



HAPPY HOLIDAYS

As the year comes to an end, we reflect on all of the events that have made 2019 so memorable. For the Caul Family, we have had an exceptional year! We had the opportunity to be together on Utah Beach for Katie's 25th birthday celebration and the 75th anniversary of D-Day! Katie's grandpa missed his 50th D-Day anniversary in France because he chose to be in St. Louis for the Katie's birth! Then the Caul's celebrated Katie's & Tyler's wedding in October! Jeff & I feel so blessed to welcome Tyler and his family into our growing family. Then the excitement of the FDA approved Trikafta a week later came as the last best wedding present of all!

These are just three of the most memorable moments of 2019 for us. There are many more to be sure.

A dear friend of mine just became a grandma a few days ago. Her son said to her something like, "Mom, I am so in love. Will it always be this way?" She, with all of her wisdom, said, "Yes. There will be challenges, but that LOVE will always be there and only grow deeper!"

As we all reflect on our past year, my wish for us all is to CHERISH the loved ones in our lives, keep the FAITH and BELIEVE in miracles and always, always have HOPE for the future!

I have saved the best for last: I am so grateful for all of YOU who are faithful followers and supporters of The Rose Foundation, Run for Roses and a Cure for Cystic Fibrosis! Stay tuned for all of the events in 2020 and our combined efforts to forge that Path to a Cure!

Blessings,

The Caul Family and The Rose Foundation Board

ps Please 'like' our facebook page Run for Roses. Help us spread awareness by asking your Facebook friends to also 'like' our page! Much more info on The Rose Foundation can be found on our page!

Be sure to check out in this issue:

* Save the Date: Saturday, April 18th! Run for Roses Trivia Night / Silent Auction! Time to consider becoming a sponsor and making a donation for our silent auction and raffles!!!

#GIVING TUESDAY - DECEMBER 3

THANK YOU to all of you who donated on Dec. 3rd #GivingTuesday! Your dollars help make more tomorrows for those living with CF! As soon as I receive the report of donations, I will let you all know how we did! Thank you so much for your constant support!

SAVE THE DATE Saturday, April 18 Run for Roses Trivia Night / Silent Auction

We have a lot to CELEBRATE!

So this year's event will be Bigger and More Exciting than ever!!!

Donations already starting to come in! Here's just a couple highlights:

******* HAMILTON TICKETS!!! You will not want to miss a chance on these amazing seats for HAMILTON! ONLY 65 tickets sold for a chance to win!

****** A Branson 2-night stay at The Dutton's and tickets to their show!

When: Saturday, April 18
Where: TASK 980 Horan Dr.
Doors open 6 - Trivia begins 7

As always please contact Linda- 314-952-7944 or caullinda@hotmail.com if you are able to donate to our silent auction! We are happy to advertise for you!

Become a sponsor for Trivia - We have many perks for Sponsors, so check it out by downloading our <u>form here!</u>

WE NEED YOU!

*'LIKE' us on facebook: Run for Roses

*Join our board - call Linda 314-952-7944

*Volunteer at our events

*Become a sponsor for Trivia

*Check your business for matching dollars - Here is a link that you can search by company: http://www.matchinggifts.com/cff.

*Nominate The Rose Foundation for your business' charitable giving program

*Secure auction and raffle items for events

Contact Linda at 314-952-7944 or caullinda@hotmail.com

Warm wishes for a healthy, peaceful and joyful holiday season

THANK YOU for your continued SUPPORT and for spreading awareness and recruiting others to FIGHT with us for a CURE! We are on the PATH TO A CURE!

As always, donations can be made online at The Rose Foundation.

Sláinte,

The Caul Family

Always Running 'til CF stands for Cure Found!

Upcoming Events:

- * FestivAle Union Station St. Louis 7 PM, March 27, 202
- *Run for Roses Trivia Night / Silent Auction-Sat April 18, 2020
- *St. Louis Great Strides Carondelet Park 9:30 AM, May 16, 2020
- *Cycle for Life CarShield Field October 3, 2020

OUR TRIVIA 2019 SPONSORS

A Huge THANK YOU to our 2019 sponsors!

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Important Note on Attendance at Events

To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.









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