



Happy New Year!

We hope the start of your new year has gone well with snow ball fights, sledding and hot chocolate and marshmallows! Well, maybe just hot chocolate and baileys for some of you!

Preparation is well underway for several events this year, especially for our biggest event of the year: *Run for Roses Trivia Night / Silent Auction*! Get your tables of 8 together NOW! We need YOU to make this the best event ever to KNOW CF out of here!

We had an amazing year last year, but are so pumped up for 2019, the year which promises to bring a new medication for so many more CFers to make breathing easier!

So take a deep breath and here we go!

We will not stop until CF stands for Cure Found.

Every dollar raised goes to our Gateway Chapter. This is what we can all be thankful for: From the Gateway Chapter: In 2018, the Gateway Chapter achieved over 3% growth in fundraising over prior year! Wahoo! We innovated by fully launching volunteer engagement programs like CF Foundation Cares and Tomorrow's Leaders. We even celebrated positive late stage study results for the next-generation triple-combination modulator!

While we have a lot to look back and smile about in 2018, and a lot to look forward to in 2019, let us not forget that we have a lot to reflect on as well. Each year, some of our CF Fighters lose their battle to this disease, serving as harsh reminders that our work is not done yet and that we can not stop until there is a cure.

On behalf of the Gateway Chapter staff, thank you for all that you do everyday and cheers to 2019! We can't wait to see what next year has in store for us all!

RUN FOR ROSES TRIVIA NIGHT / SILENT AUCTION Early Bird Registration \$25 by March 15

Saturday, March 30, 2019 ~~~ at TASK, 980 Horan Dr.

Send checks - early registration \$25 / person - table of 8 - made payable to:
The Rose Foundation
2702 Bloomfield Dr.

St. Louis, MO 63129

See flyer below



Coins for a CURE!

Thanks to all who are saving their pennies, nickles, dimes and quarters for a CURE!

Bring your 'piggy coins' to TRIVIA on March 30 and get a SURPRISE!



Sponsored by THE ROSE FOUNDATION whose mission is to spread awareness and raise funds for continued research towards a CURE for CYSTIC FIBROSIS

Saturday, March 30th, 2019

at TASK (Team Activities for Special Kids)
980 Horan Drive ~ Fenton, MO 63026

DOORS OPEN AT 6:00PM & TRIVIA BEGINS AT 7PM

Beers, soda, chips & salsa will be provided.

DEWEY'S PIZZA available to purchase PREORDER

SILENT AUCTION & 50/50 RAFFLE!

Trivia presented by www.triviafunhouse.com

For Reservations Please Call
Linda Caul at 314-952-7944
Or send check payable to THE ROSE FOUNDATION
2702 Bloomfield Dr. St. Louis, MO 63129

\$25 per person/\$200 table of 8
After March 15th, 2019
\$30 per person/\$240 table of 8

All proceeds benefit the Cystic Fibrosis Foundation

Visit us at our website: www.runforroses.com

WE NEED YOU!

*'LIKE' us on facebook: Run for Roses

*Join our board

*Volunteer at our events, e.g., Trivia or our Rest Stop for Cycle

*Become a sponsor for Trivia

*Check your business for matching dollars

*Nominate The Rose Foundation for your business' charitable giving program

*Secure auction and raffle items for events

Please know how special you are to us!

Send Linda an email (caullinda@hotmail.com) anytime if you would like to volunteers, share ideas or join our board and help us to keep fighting for a cure for CF!

If you are able to donate any tickets to the Cardinals, The Fox Theatre, The Muny or any other tickets for our auctions, please contact Linda!

As always, you can donate online at The Rose Foundation.

THANK YOU!!!

Sláinte,

The Caul Family

Always Running 'til CF stands for Cure Found!

Upcoming Events:

- *CFF Family Education Day-Sat, Feb 23-Masonry Institute
- *CFF 11th Annual FestivAle-Fri, Mar 22-St. Louis Union Station
- *Run for Roses Trivia Night / Silent Auction- Sat, March 30-TASK
- *CFF Spring Xtreme Hike-Sat, Apr 6-Hawn State Park
- *Great Strides Walk-Sat, May 18-Carondelet Park
- *CFF 50th Jack Buck Golf Classic-Thur & Fri, Aug 8 & 9
- *CFF Fall Xtreme Hike-Sat, Sept 7
- *CFF Wine Opener-Sept date TBD
- *CFF Cycle For Life-Sat, Oct 5-Team Ride for Roses
- *CFF Reach For a Star Gala-Fri, Nov 1-Ritz-Carlton St. Louis

OUR SPONSORS

A Huge THANK YOU to our sponsors!

Thank You to Tyler Frank of Paramount Bank for increasing his sponsorship level for 2019!

And than you to Dan Drissell of State Farm Insurance for renewing his sponsorship for 2019!

Please consider becoming a sponsor or

helping us to secure sponsors from businesses you know!



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Important Note on Attendance at Events

To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.









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