



TEAM *RIDE FOR ROSES*

We hope your summer is going well!

Thanks to all who attended our Run for Roses *Paints It Forward* at Pinot's Palette in Webster Groves! We had a wonderful night of painting and drinking and laughing while raising funds for a Cure for CF!

Our summer is not over yet! We are gearing up for our final event, the CF Cycle for Life, with our *Team Ride for Roses!*

Check out the excitement in this issue and see how to join

Team Ride for Roses!:

* *Team Ride for Roses Dine to Donate*, Wednesday, Aug 28 - Granite City Food & Brewery

* *WINE TASTING*, Friday, Sept 20 -*Total Wine & More* - *Call*

Linda at 314-952-7944 for reservations!!!

* *CF Cycle for Life*, Saturday, Oct 5 - St. Charles County - Join Team *Ride for Roses*



Join Team Ride for Roses

Register TODAY on our
Team [Ride for Roses Cycle for Life page!](#)

Ride for those CFers and Help them BREATHE easier and
LIVE a healthier LIFE!

Saturday, October 5, 2019

Check-in: 6:30am-Century, 7:30am-50 Miles, 9:00am-25 Miles

Start Time: 7:00am-Century, 8:30am-50 Miles, 10:00am-25 Miles

Route Mileages: 25, 50 & 100

Event Location: CarShield Field, 900 TR Hughes Blvd,
O'Fallon, MO

Fundraising Minimum: \$175.00

Granite City Food & Brewery Dine to Donate Night

Join our Team *Ride for Roses* and help them reach their fundraising goals for their Cycle for Life!

Wednesday, August 28

Granite City Food & Brewery

11411 Olive Blvd.

Creve Couer 63141

ALL DAY LONG

Give this [flyer](#) to your waiter and
20% of your bill will go to our Team *Ride for Roses*!

No worries if you forget the flyer--just
mention The Rose Foundation!

Running 'til CF stands for Cure Found!



Please Join Us For

A Wine Tasting Event

California Dreaming



Including
A Silent Auction
& Raffle

Friday
September 20, 2019
6:30 - 8:30pm
at Total Wine & More
13887 Manchester Rd.,
Town & Country

\$30 per person
price includes dinner & drinks

For more information contact Linda Caul
caullinda@hotmail.com Or call 314-952-7944

Limited number of reservations,
so get your RSVP in early...

ALL Proceeds Go DIRECTLY to The Cystic Fibrosis Foundation

SAVE THE DATE! GET YOUR RESERVATIONS IN EARLY!
SELLS OUT QUICKLY!

THANKS TO OUR DONORS FOR

C.J. Mugg's
Dewey's Pizza
Nothing Bundt Cakes Brentwood
Pinot's Palette Webster Groves
Ponderosa Steakhouse Arnold

Run For Roses PAINTS IT FORWARD

Sam's Club Maplewood Commons
Sam's Club South County
Straub's Markets
Walmart Maplewood Commons
Walmart Telegraph

WE NEED YOU!

LIKE us on facebook: [Run for Roses](#)

***Join our board - call Linda 314-952-7944**

***Volunteer at our events, e.g., Trivia or our Rest Stop for Cycle**

***Become a sponsor for Trivia**

***Check your business for matching dollars - Here is a link that you can search by company: <http://www.matchinggifts.com/cff>.**

***Nominate The Rose Foundation for your business' charitable giving program**

***Secure auction and raffle items for events**

Contact Linda at 314-952-7944 or caullinda@hotmail.com

The CF community is deeply appreciative of YOUR SUPPORT!

Thank you for spreading awareness!!

Please consider joining our Team [Ride for Roses !!](#)

We would love to see you at our Wine Tasting!!

As always, donations can be made online at [The Rose Foundation](#).

Sláinte,

The Caul Family

Always Running 'til CF stands for Cure Found!

Upcoming Events:

**CFF 50th Jack Buck Golf Classic-Thur & Fri, Aug 8 & 9*

**Run for Roses Dine to Donate-Wed, Aug 28*

**CFF Fall Xtreme Hike- Sat. Sept 7*

**Run for Roses Wine Tasting-Fri, Sept 20*

**CFF Wine Opener-Sat, Sept 21*

**CFF Cycle for Life-Sat, Oct 5-Team [Ride for Roses](#)*

**CFF Reach For a Star Gala-Fri, Nov 1-Ritz-Carlton St. Louis*

OUR SPONSORS

A Huge THANK YOU to our 2019 sponsors!

**65 Roses Level: McKelvey Homes, Jim Brennan
Foundation Care!**

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**Gold Level: Paramount Bank, Tyler Frank
Vertex**

Silver Level: State Farm Insurance, Dan Drissell
Wilke Window & Door, Inc.

[Please consider becoming a sponsor or](#)
helping us to secure sponsors from businesses you know!

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Important Note on Attendance at Events

To reduce the risk of getting and spreading germs at CF Foundation-sponsored events, we ask that everyone follow basic best practices by regularly cleaning your hands with soap and water or with an alcohol-based hand gel, covering your cough or sneeze with a tissue or your inner elbow and maintaining a safe 6-foot distance from anyone with a cold or infection. Medical evidence shows that germs may spread among people with CF through direct and indirect contact as well as through droplets that travel short distances when a person coughs or sneezes. These germs can lead to worsening symptoms and speed decline in lung function. To further help reduce the risk of cross-infection, the Foundation's attendance policy recommends inviting only one person with CF to attend the indoor portion of a Foundation-sponsored event at a specific time. For the outdoor portion, the Foundation recommends that all people with CF maintain a safe 6-foot distance from each other at all times.



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